



The 2025-26 State Requirements Course Program Description



This course allows you to earn an additional 8 hours of CME while covering key licensing topics like implicit bias, opioid prescribing, domestic violence, infection control, and end-of-life care. Presented 4 hours per day, over 2 days, The State Requirements Course offers 8 hours of accredited content, weekly at over 50 premier travel locations.

DAY 1

Lecture 1: Brian Fuehrlein, MD, PhD presents
Origins of the Opioid Epidemic

This eye-opening lecture traces the origins of the opioid epidemic, highlighting how well-intentioned practices, misleading publications, and industry marketing fueled widespread overprescribing. Brian Fuehrlein, MD, PhD, Associate Professor of Psychiatry at Yale University and Director of the Psychiatric Emergency Room at VA Connecticut, explores pivotal moments in opioid policy, clinical culture, and public health messaging that contributed to the current crisis. The talk also emphasizes the importance of risk assessment, patient education, and awareness of red flags in opioid prescribing.

Lecture 2: Rachel Godsil, JD presents
Addressing Implicit Bias to Improve Patient Equity

Presented by Rachel Godsil, Professor of Law at Rutgers Law School and Co-Founder of the Perception Institute, this lecture addresses the science behind implicit bias and its impact on clinical care. Drawing on landmark studies and field data, Godsil outlines how unconscious attitudes—often shaped by societal norms—affect decision-making in ways that can perpetuate disparities in pain management, diagnosis, and communication. The session provides evidence-informed strategies for bias recognition, self-awareness, and intervention, including the BREAK and Pause Protocols. Participants will leave with tools to begin aligning their clinical practice with their commitment to treating all patients with equal concern and respect apply in practice.

Lecture 3: Adam Marks, MD, MPH, FAAHPM presents
Ethical Decision-Making at the End of Life: Principles and Practical Challenges

Adam Marks, MD, MPH, FAAHPM, Clinical Associate Professor and Faculty Ethicist at the University of Michigan, explores core ethical principles in the context of real-world end-of-life cases. This lecture examines autonomy, surrogate decision-making, and the boundaries of medical futility through a case-based lens, emphasizing practical application of ethical reasoning in complex clinical scenarios. The discussion includes legal precedents, cultural considerations, and communication strategies for navigating emotionally and ethically charged moments in patient care.

Lecture 4: RJ Gillespie, MD, MHPE, FAAP presents
It Doesn't Just Stay in Childhood: The Lifelong Effects of Child Abuse and Adversity

Pediatrician R.J. Gillespie, MD, MHPE, FAAP, a national advocate for trauma-informed care and early relational health, presents a compelling, evidence-based look at how early adversity can reshape physiology, behavior, and health trajectories across the lifespan. This lecture explores the neurobiology of toxic stress, the role of supportive relationships, and practical ways providers can promote healing by integrating trauma-informed practices into everyday care.

DAY 2

- Lecture 1:** Brian Fuehrlein, MD, PhD presents
Fentanyl, Overdose Prevention, and Special Considerations
This lecture explores the modern landscape of opioid overdose and treatment, with a focus on fentanyl, xylazine, counterfeit pills, and special populations including pregnant patients. Brian Fuehrlein, MD, PhD, Associate Professor of Psychiatry at Yale University and Director of the Psychiatric Emergency Room at VA Connecticut, discusses the unique risks posed by high-potency synthetic opioids, the limitations of traditional treatment protocols, and updated strategies including high-dose or microdose buprenorphine induction. The lecture also highlights harm reduction tools and the role of language in mitigating stigma.
- Lecture 2:** Nasia Safdar, MD presents
Preventing Healthcare-Associated Infections
A national leader in infection prevention, Nasia Safdar, MD, PhD, MBA, Professor of Infectious Diseases at the University of Wisconsin, shares practical strategies to reduce healthcare-associated infections. This lecture explores targeted prevention efforts for CLABSIs, CAUTIs, SSIs, MRSA, and C. difficile, highlighting successful institutional initiatives. It also examines the complexities of implementing antibiotic stewardship, including real-world barriers and behavioral factors influencing prescribing. Attendees will learn systems-based approaches to reducing HAIs and improving patient outcomes.
- Lecture 3:** Rachel Godsil, JD presents
Addressing Intergroup Anxiety in Clinical Encounters
Rachel Godsil, Professor of Law at Rutgers Law School and Co-Founder of the Perception Institute, explores how cross-cultural clinical encounters can trigger unconscious anxiety that disrupts trust and communication. This lecture explores the science behind intergroup and identity anxiety and offers practical tools—like the RESET framework and positive priming—to improve interactions.
- Lecture 4:** Brian Fuehrlein, MD, PhD presents
Medication and Behavioral Treatment for Opioid Use Disorder
This lecture outlines the core pharmacologic and behavioral treatment strategies for opioid use disorder. With detailed comparisons of full agonists, partial agonists, and antagonists—such as methadone, buprenorphine, and naltrexone—Brian Fuehrlein, MD, PhD, Associate Professor of Psychiatry at Yale University and Director of the Psychiatric Emergency Room at VA Connecticut, provides a clinically focused overview of how these therapies are administered and monitored. The session also explores behavioral interventions, including contingency management and peer-support programs, offering practical insights to improve patient engagement and reduce relapse risk.

For more information, visit the AEI website at [AEISeminars.com](https://www.aeiseminars.com) or click the links below

[Course Objectives](#) [Program Description](#) [Program Faculty](#) [Accreditation](#) [Destinations](#) [Tuition](#)

PARTICIPANT DETAILS

Participant: _____ Destination: _____

Start Date: _____ End Date: _____ Cost: _____